

# MICRODERMABRASION

## CONSENT FOR TREATMENT

CLIENT NAME \_\_\_\_\_ DATE \_\_\_\_\_

MICRODERMABRASION is a procedure that works by removing a portion of the epidermis using a combination of controlled suction concomitantly with air abrasion utilizing aluminum oxide particles. To achieve the desired effects and visible improvements it may take multiple treatments.

**THE FOLLOWING HAVE BEEN DISCUSSED WITH ME:**

Potential Benefits of the proposed procedure, possible Alternative Medical Procedure (s), Complications/Risks, Healing Period; including but not limited to temporary tightness which generally resolve with 4-24 hours after the procedure. If aggressive treatment of acne scars were performed, then additional aftercare management would be utilized.

**I AM AWARE OF THE FOLLOWING POSSIBLE RISKS WITH MICRODERMABRATION:**

DISCOMFORT – If discomfort is experienced, simply inform the operator.

WOUND HEALING – This is generally not an issue, as no open wound exists. In the advent of an aggressive treatment, e.g., an acne scar, crusting and inflammation may occur.

BRUISING/SWELLING/INFECTION – Bruising and swelling generally are non-existent. Finally, skin infection is a possibility any time a skin procedure is performed. However, in this case the epidermis has only been partially removed, so unless otherwise noted this is highly unlikely.

PIGMENT CHANGES (Skin Color) – Since microdermabrasion is usually the removal of the stratum corneum (the uppermost level of the epidermis), pigment changes are unlikely. However, as with any abrasive, depending on the depth within the skin, there is always a risk.

SCARRING – Scarring is a rare occurrence, but it is a possibility where the skin's surface is disrupted. To minimize the changes of scarring, it is important that you follow all post-operative instructions carefully.

EYE EXPOSURE – Protective eyewear (shields) will be provided. It is important to keep those shields on at all times during the treatment in order to protect your eyes from accidental particle exposure.

LINES/STREAKING – Although uncommon, you may have temporary lines or streaking of the skin, which could last for several days.

HERPES SIMPLEX BLISTERS/COLD SORES – If you have a history of herpes simplex or cold sores, a reactivation of this condition can occur over the treated area.

PHOTOGRAPHS - I hereby grant permission for the use of any of my medical records, including illustrations, photographs or other imaging records created in my case, for use in examination, testing, credentialing and/ or certifying purposes by the American Board of Plastic Surgery, Inc.

**ACKNOWLEDGEMENT:**

*By my signature below, I certify that I have read and fully understand the contents of this permission form, have no contraindicating factors, and thereby grant permission for microdermabrasion treatment. I certify if any changes occur in my medical history/health or regime I will notify the office as soon as possible.*

\_\_\_\_\_  
*Client (Print Name)*

\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Witness (Print Name)*

\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*